

SIGNATURE BOWLS

GOOD 55
 BETTER 65
 BEST 75
 EXTRA PROTEIN 10



Step 1

choose one or two

- White Sushi Rice
- Mixed Wild Rice
- Quinoa
- Mixed Greens
- Vegetable (Daikon, Cucumber, Carrot, Baby Gem)
- Cauliflower Rice

Californian

Salmon, sriracha ponzu, mango, avocado, shallot, baby tomatoes and wakame

Dubai

Cooked Salmon OR Tuna, honey ginger tamar, edamame, tomato, spring onion, cucumber and snow peas

Farmer

Chicken, truffle yuzu ponzu, spring onion, baby tomatoes, cucumber, avocado and snow peas



Step 2

choose your signature bowl

New Yorker

Prawn, wasabi shoyu, wakame, baby tomatoes, edamame, shallot and jalapeno

Hawaiian

Tuna, poke poke shoyu, spring onion, edamame, mango, avocado and wakame

Vegan

Tofu, poke poke shoyu, shallot, cucumber, edamame, snow peas, avocado

Aussie

Beef Tenderloin, chimichurri marinade, jalapeno, sweet potatoe, avocado, sprouts and baby tomatoes



Step 3

top it

choose up to four

- | | | | | | |
|---|---|---|--|--|---------------------------------|
| <input type="radio"/> Citrus Marinated Kale | <input type="radio"/> Pickled Ginger | <input type="radio"/> Sprouts | <input type="radio"/> Masago - Wasabi | <input type="radio"/> Spicy Cashews | <input type="radio"/> Pineapple |
| <input type="radio"/> Sesame Beetroot | <input type="radio"/> Pickled Ginger Stem | <input type="radio"/> Japanese Chilli Oil | <input type="radio"/> Wasabi Toasted Coconut | <input type="radio"/> Nori Sesame Salt | |
| <input type="radio"/> Spring Onion | <input type="radio"/> Wasabi | <input type="radio"/> Kimchi | <input type="radio"/> Crispy Garlic | <input type="radio"/> Togarashi Chilli Spice | |
| <input type="radio"/> Coriander | <input type="radio"/> Seaweed Salad | <input type="radio"/> Masago - Orange | <input type="radio"/> Crispy Shallot | <input type="radio"/> Sancho Pepper | |



Step 4

sausage it choose one

- | | |
|---|---|
| <input type="radio"/> Sriracha Mayo | <input type="radio"/> Wasabi Mayo |
| <input type="radio"/> Toasted Sesame Kewpie | <input type="radio"/> Avo-Coco (Avocado, Coconut, Jalapeno) |
| <input type="radio"/> Togarashi Yuzu Mayo | <input type="radio"/> Cream Cheese Whip |

Our entire menu at Poke Poke is gluten free!
Please let us know if you have any allergies so we can assist you with your bowl creation

* All prices are in AED & are inclusive of 5% VAT

BUILD YOUR OWN BOWL

GOOD 55

BETTER 65

BEST 75



01 | **Base**
Choose 1 or 2

- White Sushi Rice
- Mixed Wild Rice
- Vegetable (Daikon, Cucumber, Carrot, Baby Gem)
- Cauliflower Rice
- Mixed Greens
- Quinoa



02 | **Protein**
Choose 1 or 2

- Tuna (Raw or Cooked)
- Salmon (Raw or Cooked)
- Prawns (Cooked)
- Chicken Breast (Cooked)
- Tofu
- Eggs
- Beef
- Extra Protein? 10



03 | **Marinade**
Choose 1

- Poke Poke Shoyu
- Sriracha Ponzu
- Truffle Yuzu Ponzu
- Chimichurri
- Wasabi Shoyu
- Honey Ginger Tamari
- Sesame & Shallot Oil?



04 | **Mix it**
Choose 5

- Shallot
- Spring Onion
- Coriander
- Cucumber
- Edamame
- Mango
- Wakame
- Baby Tomatoes
- Jalapeno
- Snow Peas
- Avocado
- Sweet Potato



05 | **Top it**
Choose 4

- Citrus Marinated Kale
- Sesame Beetroot
- Spring Onion
- Coriander
- Pickled Ginger
- Pickled Ginger Stem
- Wasabi
- Seaweed Salad
- Sprouts
- Japanese Chili Oil
- Pineapple
- Kimchi
- Masago - Orange
- Masago - Wasabi
- Wasabi Toasted Coconut
- Crispy Garlic
- Crispy Shallot
- Spicy Cashews
- Nori Sesame Salt
- Togarashi Chili Spice
- Sancho Pepper



06 | **Sauce it**
Choose 1

- Sriracha Mayo
- Toasted Sesame Kewpie
- Togarashi Yuzu Mayo
- Wasabi Mayo
- Avo-Coco (Avocado, Coconut, Jalapeno)
- Cream Cheese Whip

SUPERFOOD BOWLS

Refined Sugar free, dairy free, gluten free, raw, daily dose needed:

Sizes\ Better 20 Best 30

- Acai**
Cocoa nibs, fresh cut fruit
- Coconut Chia Pudding**
Cocoa nibs, fresh cut fruit



TACOS

Two 50 Three 70

Two Tacos /1 protein /1 marinate/ 2 mix ins / 2 toppings/ 1 sauce

Extras:

- Protein 6
- Taco Bits 3
- Taco Shell 5

ICE CREAM

- Peanut Butter/Nutella Better 17 Best 26
 With Topping 21 With Topping 32
- Half & Half Better 24 Best 32
 Ice cream & Acai Mix With Topping 28 With Topping 36

TOPPINGS: Choose 3

Sizes\ Better 20 Best 30

- Cacao nibs Banana Coconut chia
- Mango Kiwi Pineapple
- Strawberry



COLD DRINKS

- 38 Kold Press Juices 18 James White Juices
- 18 Nai Ice Teas 18 Cucumber Water
- 19 Coconut Water 18 Fentimans Soda